

A Christ-focused Word-centered Family

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MAY NEWSLETTER

MAY 2023 VOLUME 52 NUMBER 5

We will be
honoring our
High School
Graduates on
Sunday, May 7, 2023.

Our Graduates are:

Sarah Karnes, daughter of Joel & Lisa Karnes

Samantha Pehrson, daughter of Jon & Sarah Pehrson

Haley Christensen, daughter of Matt & Mindy Christensen

Please join us for a reception in their honor following Worship that Sunday. Please extend congratulations to these young adults. Keep them in your prayers that, as they step out into the world, they will take their faith in the Lord Jesus with them on their new adventures.



Confirmation
Sunday
May 21, 2023
9:00 am

Our Confirmands are:

Hannah Kort, daughter of Nick & Amy Kort

Anna Naeve, daughter of Mike & Sarah Naeve

A Reception in their honor will be held following Worship. Please come and extend your congratulations to these young teens. Keep them and their families in your prayers as they continue to grow in their faith in the Lord Jesus.



This article comes from the April issue of the Lutheran Ambassador. Remember that we always have several copies available for you in the fellowship hall. The magazine is always filled with great articles that will help you grow in your faith and stay up to date with what God is doing in and through the AFLC.

Pastor Matt



SOME HAVE NEVER HEARD

BY PASTOR CRAIG JOHNSON

holiday about bunnies and eggs. My mom took advantage of the opportunity and let her know that Easter is really about Jesus, rising again from the dead. It is a celebration of the greatest news ever. The church isn't crowding into the world's holiday. The world has added other stuff to this day that means more than any other for the church.

her family, which involved coloring eggs, getting candy and things like that. In the midst of the discussion, she said: "I don't

know why the church makes such a big deal about Easter."

She thought the church was

trying to push its way into a

This interaction in the coffee shop happened about 40 years ago in Astoria, Ore. The lady had grown up in the United States, but did not know Easter was about the resurrection of Jesus. She had never heard a clear presentation of the gospel.

It is easy for those of us

who have spent much of our life in church to incorrectly assume everybody knows about Jesus. Many in the U.S. have grown up never being brought to Sunday school, never being taught the basic truths of the Bible, never hearing about Jesus dying for their sins and rising again from the dead. The same is true in other countries of the world. In some people groups, some have yet to hear the good news of Christ. That is why we do missions, both in the United States and around the world.

"How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?" (Romans 10:14). How is the young mom in the coffee shop going to believe in the resurrection of Jesus if she never hears about it? How is the teenage boy in Uganda going to hear the good news of Jesus if there is no congregation in his community declaring the good news? How is the dad in Brazil going to call on Jesus for help if he is never told that Jesus wants to listen?

We should not assume someone else will tell

them. My mom did not assume someone else would tell her coffee shop friend. She knew she was the one who was given the responsibility and privilege of declaring the good news of Jesus' death and resurrection.

I had the privilege once of traveling with others to villages around India that had no congregations and where the gospel had most likely never been proclaimed. A Christian doctor had visited the villages earlier, doing medical camps and building relationships. I got to go with him and share Jesus. It was great to be able to proclaim the news they had yet to hear and the best news they would ever hear.

We go to a needy world with confidence in the gospel. It is the good news that is true, the good news every person needs to hear, and the good news with power to transform lives.

Johnson, who serves Triumph Lutheran, Ferndale, Wash., is the chairman of the World Missions Board of Directors.

WMF Update



Nine quilts and three blankets were delivered to the Orphan Grain Train in March. There are currently eight quilts held back for graduates and emergencies. Thank you to

those who help with quilting projects throughout the year.

If anyone would like to help with cutting fabric squares please contact Mina Young.



To support this event, tax deductible donations of any amount may be made out and mailed to:

Concord E-Free Church
P.O. Box 90
Concord, NE 68728
"Dixon Co. Fair Outreach" - In the memo If you have any questions please contact Doug or Keila Olson.

May at United Lutheran

TUESDAY, May 2

7:00 p.m. Deacon meeting WEDNESDAY, May 3

9.30 a.m. Women's Bible Study 5:30 p.m. Confirmation

6:30 p.m. Jr. & Sr. High Youth Group & Supper

THURSDAY, May 4

NATIONAL DAY OF PRAYER

9:00 a.m. Sarah Circle meets 6:00 p.m. Young Aduly Group 6:30 p.m. Ruth Circle meets

SUNDAY, May 7

9:00 a.m. Worship with Communion

Reception honoring our 2023 LCC HS Graduates

Blood Pressure Checks during Coffee Hour

10:15 a.m. Sunday School 6:00 p.m. Small Group

6:00 p.m. Baccalaureate at LCC High School

WEDNESDAY, May 10

9.30 a.m. Women's Bible Study 5:30 p.m. Confirmation

6:30 p.m. Jr. & Sr. High Youth Group & Supper

THURSDAY, May 11

6:00 p.m. Young Adult Group 7:00 p.m. Church Council meeting SATURDAY, May 13

Laurel-Concord-Coleridge High School Commencement

SUNDAY, May 14 MOTHER'S DAY

9:00 a.m. Worship - Sunday School Kids Sing Fellowship Coffee follows Worship

10:15 a.m. Sunday School - Last Day

6:00 p.m. Small Group

TUESDAY, May 16

6:00 Youth Ministry Team meeting 7:00 p.m. Parish Ed meets

WEDNESDAY, May 17

9.30 a.m. Women's Bible Studu

6:30 p.m. Jr. & Sr. High Youth Group & Supper

SUNDAY, May 21 CONFIRMATION SUNDAY

9:00 a.m. Worship with Communion

Coffee honoring our Confirmands

2:30 p.m. Hillcrest Worship Service

MONDAY, May 22

NEWSLETTER DEADLINE!

WEDNESDAY, May 24

9.30 a.m. Women's Bible Study

6:30 p.m. Jr. & Sr. Youth Group & Supper

SUNDAY, May 28

9:00 a.m. Worship

Fellowship Coffee follows Worship

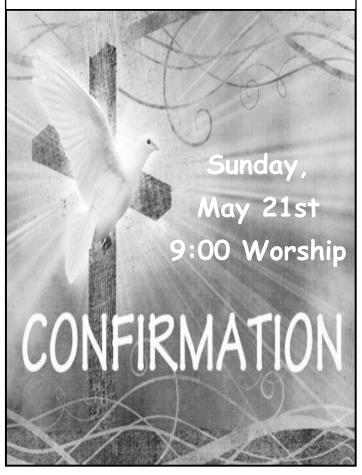
MONDAY, May 29

MEMORIAL DAY

WEDNESDAY, May 31

9.30 a.m. Women's Bible Study

6:30 p.m. Jr. & Sr. High Youth Group & Supper





Please <u>find a substitute</u> & notify the church office if you are unable to serve.

ALTAR GUILD for MAY Deb Urwiler, Lisa Christensen

May 7 (White) Communion Fifth Sunday of Easter

HIGH SCHOOL SENIOR RECOGNITION

GREETERS - Class of 2023

LECTOR - Mitzi Luedtke

COMMUNION STEWARD - Jon Mullen

USHERS - Lathan Detlefsen, Robert Patefield, Scott & Evan Urwiler, Tom Biernbaum

ACOLYTE - Blake & Taylor Hansen

NURSERY - Amy Kort

MUSICIAN - Sherie Lundahl

FELLOWSHIP COFFEE - Parish Education Committee

May 14 (White)

Sixth Sunday of Easter

GREETERS - Roger & Linda Klausen

LECTOR - Anita Gade

USHERS - Verneal Gade, Les Owen, Gabe Abts, Jon Mullen & Marlin Bose

ACOLYTE - Hannah & Mason Kort

NURSERY - Kayla Detlefsen & Kalin Olson

MUSICIAN - Glenda Johnson

FELLOWSHIP COFFEE - Doug & Keila Olson, Mary & Joe Ankeny, Jacob & Mandi Swanson

May 21 (White) Seventh Sunday of Easter CONFIRMATION SUNDAY

LECTOR - Scott Urwiler

GREETERS - Hannah Kort & Anna Naeve

COMMUNION STEWARD - Jon Mullen

USHERS - Steve, Jacob & Cody Luedtke, Nick Kort,

Drew & Koby Detlefsen, Ron Lundahl, Jon Pehrson

NURSERY - Teresa Granquist & Krista Luedtke

MUSICIAN - Anita Gade

FELLOWSHIP COFFEE - WMF Group

May 28 (Red)

Pentacost

LECTOR - Sherie Lundahl

GREETERS - Drew & Kayla Detlefsen & Family

USHERS - Mike & Cathie Jacobsen, Kody & Bradyn Urwiler, Greg & Deb Urwiler, Don & Erica Diediker

NURSERY - Stephanie Urwiler

MUSICIAN - Sherie Lundahl

FELLOWSHIP COFFEE - Verneal & Anita Gade, Tom & Pam Bierbaum, Scott & Daine Urwiler

ALTAR GUILD for June Diane Urwiler, Erica Diediker

June 4 (White)

Holy Trinity Sunday

LECTOR - Sarah Naeve

GREETERS - Matt and Midy Christensen & Family

USHERS - Lathan Detlefsen, Robert Patefield, Scott &

Evan Urwiler. Tom Biernbaum

COMMUNION STEWARD -

NURSERY - Mandi Swanson

MUSICIAN - Glenda Johnson

FELLOWSHIP COFFEE - Jerry & Shelley Groene, Jon & Sara Pehrson, Craig & Arllys Monson

June 11 (Green) Second Sunday after Pentacost

LECTOR - Megan Mullen

GREETERS - Jim & Karen Thompson

USHERS - Verneal Gade, Les Owen, Gabe Abts,

Jon Mullen & Marlin Bose

NURSERY - Katie Bose & Samantha Pehrson

MUSICIAN - Anita Gade

FELLOWSHIP COFFEE - Mike & CathieJacobsen, Heath & Mckenzie Roeber, Nick & Amy Kort

ALL UNITED LUTHERAN MEMBERS

We are asking for volunteers to sign up to serve as lectors, greeters, ushers, nursery attendants, and to serve fellowship coffee. A sign up sheet is on the table at the back of the Fellowship Hall.

If you would like your name added or removed from any of the Worship Assistant duties please notify the Church office. We strive to include everyone in service throughout the Church. Please don't hesitate to have your name added any place if you so desire, and we will gladly refrain from asking you to serve if you don't want to for any reason. Thank you for all that you do.

On the Beaches of Normandy

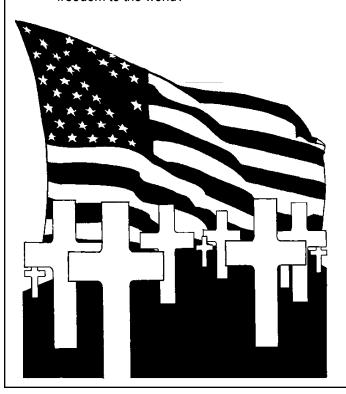
During World War II, the Allies carried out amphibious assault landings on June 6, 1944. In the ensuing battle, thousands of young men and women lost their lives. Not far from the landing site, there is now a very large well-groomed cemetery with a beautiful chapel at one end. In the chapel one finds an altar of black and gold Pyrenees marble engraved with the inscription: I Give Unto Them Eternal Life And They Shall Never Perish.

In graves in front of the chapel, lie the bodies of 9,387 service men and women. Each headstone identifies the person buried there, with the exception of 307 whose bodies were unidentified. Nearby there is a stone tablet telling of 1,557 men and women who died in battle but whose bodies were never found.

Walking through the cemetery is a heart-rending experience. Tears come easily. Here are generals buried beside privates, blacks beside whites, Jews beside Christians, Americans from 49 states plus the District of Columbia and Guam. Each paid the ultimate sacrifice.

All died for freedom. All died on our behalf.

As we prepare for Memorial Day, we might well ask ourselves: "Am I worth their sacrifice? Am I grateful to them? What might I be willing to give to bring peace and freedom to the world?"





United Lutheran Youth Camp Scholarships

are available for anyone wishing to attend camp. Please submit a letter as to why you wish to attend camp to the Parish Education Committee as soon as possible.

> Parish Ed Committee Teresa Granquist Erica Diediker



Honor the sacrifice of our Veterans.



May is Melanoma Awareness Month

Melanoma is a specific kind of skin cancer. It begins in skin cells called melanocytes. Melanocytes produce melanin, the substance that gives your skin color.

Only about 1% of skin cancers are melanomas. Melanoma is also called malignant melanoma or cutaneous melanoma.

When melanoma is diagnosed in the early stages, most people respond well to treatment. But when not caught early, it spreads easily to other parts of the body.

What are the symptoms?

Early signs and symptoms of melanoma are:

- changes to an existing mole
- the development of a new, unusual growth on your skin

If melanoma cells are still making melanin, the tumors tend to be brown or black. Some melanomas don't make melanin, so those tumors can be tan, pink, or white. Sometimes, the skin will appear normal even though melanoma has begun to develop.

Clues that a mole might be melanoma are:

- irregular shape
- irregular border
- multicolored or uneven coloring
- larger than a quarter of an inch
- changes in size, shape, or color
- itchiness or bleeding

Melanoma can start anywhere on your skin. The most likely areas, though, are:

- chest and back for men
- legs for women
- neck
- face

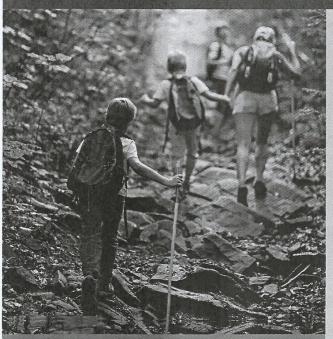
This may be because these areas have more exposure to the sun than other parts of the body. Melanoma can form in areas that don't receive much sun, such as the soles of your feet, palms of your hands, and fingernail beds.



Blood Pressure Checks Sunday, May 7, 2023 during Fellowship Time

Understanding Tick Bites and Lyme Disease

How to prevent tick bites



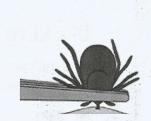
Ticks can spread disease, including Lyme disease.

Protect yourself:

- Use Environmental Protection Agency (EPA)registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone.
 Always follow product instructions.
- · Wear clothing treated with permethrin.
- Shower as soon as possible after spending time outdoors.
- Check for ticks daily. Ticks can hide under the armpits, behind the knees, in the hair, and in the groin.
- Tumble clothes in a dryer on high heat for 10 minutes to kill ticks on dry clothing after you come indoors. If the clothes are damp, additional time may be needed.

How to remove a tick

- 1. Use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
- 2. Pull upward with steady, even pressure to remove the tick. Avoid twisting or jerking.
- **3.** Clean the bite area and your hands with rubbing alcohol or soap and water.





Notes:

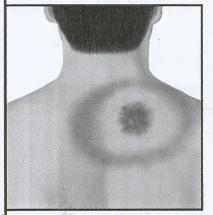
- Remove the tick as soon as possible to reduce your chances of getting an infection from the tick bite.
- Don't use nail polish, petroleum jelly, or a hot match to make the tick detach.
- If tick mouthparts remain in the skin, leave them alone. In most cases, they will fall out in a few days.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention



Facial paralysis.



Bull's eye rash on the back.



Arthritic knee.

When to see your healthcare provider

If you develop a rash, fever, exhaustion, or joint and muscle aches within several weeks of removing a tick or spending time in tick habitat, see your healthcare provider. Be sure to mention your recent tick bite and when it happened, or that you've spent time in places where ticks may live.

If left untreated, Lyme disease can affect the joints, heart, or nervous system.

Antibiotics treat Lyme disease

People treated with antibiotics in the early stages of Lyme disease usually recover rapidly and completely. The antibiotics most commonly used to treat Lyme disease include: doxycycline, amoxicillin, or cefuroxime axetil.

Looking ahead to recovery

Rest and take antibiotics as prescribed. Recovery may take several weeks or longer.

Some people wonder if there is a test to confirm that they are cured, but there is no such test. Retesting for Lyme disease is not recommended because blood tests might be positive for months or years after you have been treated. A positive test doesn't mean you are still infected. It simply means that your immune system remembers your infection.

You can get Lyme disease again if you are bitten by another infected tick, so protect yourself from tick bites.



For more information see www.cdc.gov/Lyme and www.cdc.gov/Ticks